



LANGUAGE OF LAMENT

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In the Psalms

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**“In the Psalms, it is not those who lack faith who lament but those recognized for their strong faith who bring their most honest and passionate feelings to God”
- Glen Pemberton, "Hurting with God"**

God, are you avoiding me? Where are you when I need you? Ps. 10:1

How long will you forget me? Forever? How long will you look the other way? Ps. 13:1

God, how long are you going to stand there doing nothing? Ps. 35:17

I waited and waited and waited for God. Ps. 40:1

God, for your sake, help me! Use your influence to clear me. Listen, God -- I'm desperate. Don't be too busy to hear me. Ps. 54:1-2

Save me, O God, for the floodwaters are up to my neck. I am exhausted from crying for help; my throat is parched. My eyes are swollen with weeping, waiting for my God to help me. Ps. 69: 1,3

How long are you going to sit there with your hands folded in your lap? Remember my sorrow and how short life is. Did you create men and women for nothing but this? Ps. 89: 38-51

LORD, hear my prayer! Listen to my plea! Don't turn away from me in my time of distress. Ps 102:1,2

I'm waiting for your word of hope. My eyes grow heavy watching for some sign of your promise; how long must I wait for your comfort? Ps 119:81-2

I cry out to the LORD; I plead for the LORD's mercy. I pour out my complaints before him and tell him all my troubles. Ps 142:1-2

Come quickly, LORD, and answer me, for my depression deepens. Don't turn away from me, or I will die. Ps 142:1,2

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