

MissionConnexion

Care

2023 Workshop Schedule

Workshop #1

Friday, 8 p.m. - 9 p.m.

Room	Workshop	Workshop Description	Speaker Bio
Room: Columbia A	Short-Term Missions for the Long Haul	The end of the trip is just the beginning! Learn how to utilize debriefing and follow-through to leverage a mission trip into a lifelong commitment to ministry and service. Practical take-aways will help you "work smarter, not harder".	Brian Heerwagen is the CEO of the organization now called MissionWorks. He has served in this role since 1985. His first short-term mission (STM) was in 1980, and over the years he partnered with mission workers in 29 countries. He is the lead author of "The Next Mile" and established the STM Standards of Excellence. He has been a local church missions pastor since 1997.
Room: Columbia B	Structures of Local Church Missionary Care	At this workshop we will review some helpful structures a local church can have in place to care for its workers.	This presenter has served as one of the pastors of The Well church in NE Portland for the past 16 years. His current responsibilities include preaching/teaching and coordinating global initiatives. Before pastoring, he served overseas in the UK and North Africa.
Room: Willamette A	The Healing Power of Listening	"Be quick to listen" - possibly the most violated command in Scripture. Our hearts long to connect, to be known AND loved. But there's a price, thus we say pay attention.	Lynn Paulsen founded Care Port Counseling, a nonprofit organization providing online counseling to missionaries. She spent 29 years with Wycliffe Bible Translators, working as both translator and counselor predominantly in Asia. Her heart is to provide encouragement and help to those working in the most isolated and stressful contexts around the world.

Room	Workshop	Workshop Description	Speaker Bio
Room: Willamette B	The Language of Lament	Grief can be disorienting and we don't always know how to express ourselves. Writing a lament may be a tool precisely for those difficult seasons. We will look at Biblical examples of faithful people who've walked with God and lamented with Him through their losses. You will have an opportunity to experiment with the language of lament and voice your own grief through personal reflection.	Ericka Lopez-Harris has been serving in cross-cultural ministries since 1992. In 2010, they joined Life Impact Ministries with a desire to further the Gospel by strengthening global workers.
Room: Willamette C	Singles on the Field	Single men and women are critical to the Great Commission. But lack of support for single workers can lead many to never go to the field or to leave prematurely. Discover how to encourage singles to thrive as disciples and disciple makers.	CW served in Central Asia for 13 years before becoming a member care provider with her agency. Trained in debriefing, life coaching, listening prayer, Immanuel Prayer. Certified spiritual director.

Workshop #2

Saturday, 9:45 - 10:45 am

Room	Workshop	Workshop Description	Speaker Bio
Room: Columbia A	Breaking the Silence: How Churches and Agencies Can Support Missionaries with Sexual Addiction	Missionaries who are struggling with sexual addictions need support from churches and agencies in a proactive and restorative manner. This breakout session will explore effective ways of preparing missionaries to prevent sexual failures and how to provide appropriate care and support in the event of a sexual failure.	Jeremy Waldridge is the executive director of Pure Life Alliance and has over a decade of experience leading men out of the crippling effects of shame and addiction.
Room: Columbia B	The Anatomy of Conflict and How to Repair It Within Your Team	We all know the impact of conflict on missionaries and their teams. Unfortunately, we do not often hear how conflict can be transformational. In this workshop, we will explore the evolution of conflict and how we can benefit from it when we develop the skills to repair and see our differences from different perspectives.	Brian Shimer and Andrew Arthur partner in Genesis Christian Mediation. They have decades of experience helping families, couples and congregations heal from tough conflicts and find peace. With a pastoral and business background, and 1000s of hours of mediation experience, they bring diverse understandings to working with teams.
Room: Willamette A	Coaching: A Tool for Transformation	In this interactive session, you will be introduced to the essential coaching skills that equip you to support others in their transformation, as you partner with the Holy Spirit, to create new awareness that leads to action. Come check out these valuable skills, which can be used in personal, professional and ministry roles.	Ben Olsen is a professional coach and Director of the Coach Training Program at Western Seminary. Ben spent 16 years as a professional actor before leveraging his training and insights into the helping professions and pastoral care. Over the past 20 years, Ben has been facilitating seminars and workshops, teaching, consulting, pastoral and addictions counseling, and coaching in various contexts. He holds degrees from Western Seminary, Midwestern State, and The American Academy of Dramatic Arts NYC, along with various other certifications.

Room	Workshop	Workshop Description	Speaker Bio
Room: Willamette B	Note from your Counselor: "Gee, I wish we had known about that earlier!" (But God knew about it all along!)	Member care providers routinely encounter missionaries who are experiencing stress, conflict, loss and/or trauma. We also frequently find that there are/were underlying factors that have exacerbated, complicated, or even instigated the current problems. That God sometimes uses our calling to the mission field to reveal issues He wants to work on within us is a reality. We will cover the various areas of complicating factors and pre-existing issues and discuss how they can be approached earlier and more efficiently in preparation and provision of care for the missionary's well-being and effectiveness.	Dr. Barney Davis is a Psychiatrist involved in member care for more than 30 years. Graduate of Univ Tex Med Branch in Galveston, Board Certified in Adult Psychiatry. Primary emphasis of member care work has been on-field consultation when possible.
Room: Willamette C	Three Personal Pitfalls Every Missionary Needs to Avoid	In this workshop we'll explore 3 personal pitfalls that can befall any missionary whether new to the field or a veteran of decades. The good news is that whether someone has fallen into them or not, they can be gotten out of and avoided. Curious what the three are? I can't wait to share them with you so you can share them with others!	Amy Young, MA, LPC served in China for nearly 20 years and is the CEO of Global Trellis. Amy's written six books for Great Commission workers including Looming Transitions and Becoming More Fruitful in Cross-Cultural Work.
Room: Music Room	The Prayer Room	Receive personal prayer during any of the Saturday workshop sessions. The intercessors in the prayer room can lead you in prayer for healing in the spiritual, emotional, and physical realms. You can be transformed by the renewal of your mind to overcome past hurts, current disappointments, or to gain clarity in your call from God.	Calvin and Julie Tadema have been in the healing prayer ministry through Master's Mind Ministry for the past fifteen years. They pray with individuals, couples, and small groups. In addition, they have written several books on the topic and teach the principles of healing prayer in the Pacific Northwest and to audiences around the world.

Workshop #3

Saturday, 11:00 - 12:00 p.m.

Room	Workshop	Workshop Description	Speaker Bio
Room: Columbia A	Beautiful Feet and the Rugged Terrain of First Term (Part II) - Connie Befus	This topic continues the information and thinking given in the Friday evening plenary. More information and options for helping First Term missionaries will be provided. Plus there will be time for questions and interaction regarding how First Termers can be supported and helped so that they form healthy patterns for living overseas and become effective examples and communicators of gospel living...hopefully for many years to come.	(Plenary Speaker for Care Connexion) Dr. Connie Befus is a psychologist with 35 years of experience in providing for the mental and spiritual health needs of international cross-cultural workers. She grew up in Africa, the daughter of career international workers and served with her husband in Latin America for 17 years. She has also worked in private practice, as a psychological consultant for six sending organizations, and as Director of Member Care for sending organizations for 17 years. She has two adult Third Culture Kids. Her doctoral research explored effective helps for people in the midst of cross cultural adjustment. She is the author of <i>Sojourner's Workbook: A Guide to Thriving Cross-Culturally</i> .
Room: Columbia B	Cultivating Resilience for Global Workers through Sacred Rhythms and Soul Care	In this workshop we will explore the dynamics of spiritual formation for those serving cross-culturally. We will look at hindrances and helps for a strong spiritually mature life in Christ. We will ask what soul care is, what sacred rhythms are part of it, and how we can encourage our global workers in their walk with God.	Dr. Herb Lamp serves with Barnabas International and shepherds global workers around the world. He is the author of <i>Journey with Me: Spiritual Formation for Global Workers</i> . He has lived in or traveled to over 60 countries and now resides under the beautiful Rocky Mountain skies of Colorado.
Room: Willamette A	Training as Member Care	Training for intercultural life and work is more than just preparation for effective ministry - it is also good member care. We will look at the benefits that come from time invested in culture and language training.	Dr. Karen Hedinger is Director of Language Acquisition at CultureBound. Karen has over 30 years of experience in intercultural ministry. Among other responsibilities, her ministry includes preparing curriculum, teaching second language acquisition courses, and conducting custom language training with individuals. Relational language acquisition was the topic of her dissertation. Her passion is to see the nations growing in the grace and knowledge of our Lord Jesus Christ, worshiping God in their heart and learned languages.

Room	Workshop	Workshop Description	Speaker Bio
Room: Willamette B	Cultivating a Culture of Care and Effectiveness	In an era of accusations over toxic leadership and work cultures, how do we cultivate a culture where people thrive? Our Father has not promised us an easy life, but He has come to give us abundant life. Therefore it's not only for our personal benefit that we attend to culture and wellbeing, but as a testimony to the one we serve. We'll look at the relational qualities that promote thriving and skills to cultivate this as caregivers, leaders, and teammates.	Dr. Rachel Heffield is the Director of the Master's in Counseling Program at Western Seminary. She served eight years in East Asia. She completed her doctoral dissertation on Thriving of Global Workers in 2016 and then applied her experience as VP of Member Development for Pioneers International.
Room: Willamette C	Research-Based Preventative Care for Missionary Kids - Lauren Wells	What contributes to whether or not missionary kids thrive and build resilience on the field? This workshop will explore how we can effectively support the missionary families we serve based on the preventive care research done by TCK Training in 2021. We'll look at the challenges that need to be addressed and practical care methods that can be put into practice.	Lauren Wells is the founder and CEO of TCK Training and author of Raising Up a Generation of Healthy Third Culture Kids, The Grief Tower, and Unstacking Your Grief Tower. She is an Adult TCK/MK who spent her teenage years in Tanzania, East Africa.
Room: Music Room	The Prayer Room	Receive personal prayer during any of the Saturday workshop sessions. The intercessors in the prayer room can lead you in prayer for healing in the spiritual, emotional, and physical realms. You can be transformed by the renewal of your mind to overcome past hurts, current disappointments, or to gain clarity in your call from God.	Calvin and Julie Tadema have been in healing prayer team ministry through Master's Mind Ministry for the past fifteen years. They pray with individuals, couples, and small groups. In addition, they have written several books on the topic and teach the principles of healing prayer in the Pacific Northwest and to audiences around the world.

Workshop #4

Saturday, 1:30-2:30 p.m.

Room	Workshop	Workshop Description	Speaker Bio
Room: Columbia A	Disruptive Change: How to care well for global workers.	People are experiencing a higher level of avoidance and heightened anxiety than ever before. There is a lack of distress tolerance, increased permission to avoid feelings, and overall fatigue in managing mental health. How do we help those we care for to develop the necessary skills for managing ongoing disruptions, and how can we be equipped to thrive well in disruptive change?	Dr. Jennifer Smith is a clinical psychologist and the CEO at Link Care Foundation. She is honored to walk with those seeking healing and restoration in their lives, especially global workers. Dr. Smith is especially grateful to see the creative ways God meets the needs of his people!
Room: Columbia B	Canceled Discern, Equip and Release		
Room: Willamette A	For Those Who Send and Those Who Go: a Biblical Perspective on Fundraising	Fundraising - a word and concept we're all well acquainted with. Unfortunately, for many, it's grown to be associated with words like frustration, annoying, scary, exhausting, depressing, guilt, inconvenient, and so on... However, is this a faithful and sustainable view of something that plays a frequent role in supporting and carrying out the work God has called all His people to? Together, let's take a step back, consider things anew, and be refreshed with a Biblical perspective on both sending and going in fundraising.	Ethan Zimmerman grew up in South Dakota and after college joined staff with a ministry called The Navigators. His first year on staff he moved to New Zealand, where he made disciples of Christ Jesus among college students for 4 years. He now works with The Navigators First Responders ministry in the Portland region.

Room	Workshop	Workshop Description	Speaker Bio
Room: Willamette B	Essential Tools for Resilience in Global Work	<p>"If it weren't for people, our job would be easy...."</p> <p>Interpersonal conflict still tends to be the leading cause of global worker attrition from the field of service. New and veteran workers alike can always be growing in the skills needed to build trust, communicate well, and care for self and others while living and working in often stressful contexts. This workshop will present a unique training program and the topics addressed that are so needed by global workers.</p>	<p>Karen DeGraaf has been with Wycliffe Bible Translators for 34 years, has done Bible translation and language work in West Africa and is currently a counselor in Yaoundé, Cameroon. She has been a counselor working with cross-cultural workers since 2007, and loves seeing them find healing and health in body, mind and spirit.</p>
Room: Willamette C	Fighting Well: Till Death Do Us Part	<p>Marital conflict is inevitable...so how do you navigate through marital tension and go the distance? On top of this, there are special challenges for ministry couples. This workshop will focus on teaching couples how to do conflict and conflict resolution better. Besides exploring contributions from your family of origin on attitudes and approaches to conflict, you will also learn about triggers, raw spots, and ways to self-soothe once activated. They say that "marriages are made in heaven" but we can taste some of that bliss here on earth.</p>	<p>Dr. Sam Leong is a licensed psychologist who has served the San Francisco Bay Area Christian community for close to 40 years. His interest and involvement in member care has been for the last decade including numerous trips to northern India, serving church planters and leaders.</p>
Room: Music Room	The Prayer Room	<p>Receive personal prayer during any of the Saturday workshop sessions. The intercessors in the prayer room can lead you in prayer for healing in the spiritual, emotional, and physical realms. You can be transformed by the renewal of your mind to overcome past hurts, current disappointments, or to gain clarity in your call from God.</p>	<p>Calvin and Julie Tadema have been in healing prayer team ministry through Master's Mind Ministry for the past fifteen years. They pray with individuals, couples, and small groups. In addition, they have written several books on the topic and teach the principles of healing prayer in the Pacific Northwest and to audiences around the world.</p>